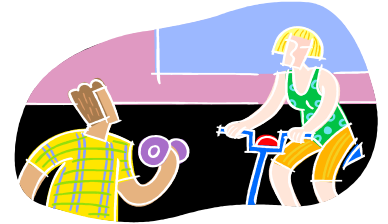


Chatham

Community Center

Fitness Room



Hours of Operation:

Monday thru Saturday: 8:00 a.m. to 9:00 p.m.

Sundays: 1:00 p.m. to 5:00 p.m.  
(closed for the summer)

Membership fees:

Family - \$150.00 per year

Individual - \$100.00 per year

\$50.00 monthly w/cap at \$100

\$35.00 weekly

\$10.00 daily

## USE POLICY FOR THE FITNESS ROOM

1. Individuals using the Fitness Room must be a Chatham resident and over 18 years of age.
2. Every individual must watch the orientation video, fill out a Fitness Room Waiver Form, Family Registration Form and pay a Fitness Room membership fee prior to use of room.
3. Students who are age 16 and 17 must have a permission slip signed by a parent or legal guardian.
4. Each individual will receive a Fitness Room entrance swipe card to gain access to the room which must be returned when leaving the building.
5. All individuals using the Fitness Room do so at his/her own risk.
6. The Fitness Room is available on a first come first serve basis.
7. When free weights are in use there must be two people in the room.
8. A maximum of thirty (30) people are allowed in the Fitness Room at one time.
9. Individuals are limited to fifteen (30) minutes per machine and a maximum time of one (1) hour for room use.
10. Each person is responsible for cleaning the equipment after every use and should bring his/her own towel.
11. Children younger than sixteen (16) years old will not be allowed in the Fitness Room.
12. To ensure a safe and pleasant workout environment, participants are reminded that no horseplay or loud music will be permitted.
13. No eating or drinking other than water in plastic bottles is allowed in the Fitness Room.
14. Sports shoes, shorts and a shirt must be worn in the Fitness Room at all times.
15. No cell phone use.



**Town of Chatham**  
Chatham, Massachusetts 02633

**Chatham Community Center  
Parental Permission Slip for 16 and 17 Year Old Students  
To Use of the Fitness Room**

**Instructions:** This form must be filled out and returned by the parent/legal guardian signing this permission form. The minor child must also have some type of membership coverage to use the room.

**Name of Student:** \_\_\_\_\_ **D.O.B.** \_\_\_\_\_

**Residential Address:** \_\_\_\_\_

I give permission for my above named minor child to use the Community Center Fitness Room in accordance with the Use Policy for the Fitness Room.

In consideration of your accepting my entry, I, the undersigned parent/guardian of the minor child named above, intending to be legally bound do hereby for myself, my heirs, executors and administrators, waive and release forever any and all rights and claims or damages I may accrue against the Town of Chatham, its contractors, instructors, aides, their successors, representatives and assigns, for any and all injuries suffered by the above named minor child as a result of traveling to and from and while participating in the above named program.

\_\_\_\_\_  
Parent or Legal Guardian **signature**

\_\_\_\_\_  
Date